

## Gentling Resources

While there is no book listing steps 1-10 to get your new mustang gentled, we encourage all trainers involved in Mustang Heritage Foundation programs to utilize “least resistance” training methods. These methods are those which build a loving and respectful relationship with the horse. Any training which utilizes harsh or abusive methods and /or cruelly restrictive equipment is to be avoided in all circumstances. Appropriate techniques use natural horse psychology/behavior to pattern the horse’s behavior to working with humans, not in opposition. “Approach and retreat”, “sensitizing and de-sensitizing”, “making the right thing easy and the wrong thing difficult”, “rewarding through release of pressure” “consistency and patience”, and “finding the feel” are all catch phrases of natural horse trainers. Specific details of various well known clinicians who have worked with the foundation can be learned through accessing the trainer links posted below. The Foundation does not endorse any single clinician or method, but encourages you to develop a system which celebrates the mustang, keeps all parties safe, and builds a strong foundation for additional training.

Chris Cox: [www.chris-cox.com](http://www.chris-cox.com)

Pat & Linda Parelli: [www.parellinaturalhorsetraining.com](http://www.parellinaturalhorsetraining.com)

Craig Cameron: [www.craigcameron.com](http://www.craigcameron.com)

Clinton Anderson: [www.downunderhorsemanship.com](http://www.downunderhorsemanship.com)